

Recommended Cleaning Schedule for Bilevel Users

Daily

- Empty water from the humidifier pot every morning.
- Wipe mask with warm damp cloth every morning to remove oils, etc.
- Refill humidifier pot with distilled water before bed.

Weekly

- Clean humidifier pot, hose, mask and headgear
(Use warm soapy water. Hand wash. Rinse Well. *Do not* use Antibacterial, scented soaps)
- Inspect hoses & masks for wear and replace if necessary

Monthly

- Clean or replace filter if needed
- Check your supplies (filters, cushions for masks, nasal pillows, etc.) add to your list for your next order. **It is advisable to keep a back-up mask and hose on hand.*

**With proper care, face masks, nasal masks and nasal pillows will maintain their performance and can last up to and beyond one year.*

Suction Equipment (if applicable to you)

Daily

- Empty suction collection bottle and rinse
- Flush yankauer and tubing with water after each use to keep tubing patent
- Ensure your suction unit is plugged in and charging

Weekly

- Clean suction collection bottle with hot soapy water, rinse well

Monthly

- Inspect filter, replace as needed

For more information:

www.technologyforliving.org